

Flitton Flits Prize Winners 2023: 5K

A huge thanks to all our prize donors

1st Male: **Ian Halpin** - Vouchers for meal - Donated by The Bell, Westoning

2nd Male: **Tom Mintern** - Pizza meal Donated by The Star & Garter, Silsoe

3rd Male: **James Cartwright** - Box of Bottled Beer - Donated by Kelchner Brewery

1st Female: **Eleanor Regan** - Meal at The Crown, Shillington - Donated by Philip Kelly
of Greenfield

2nd Female: **Jess Godleman** - Tray of fruit & veg - Donated by NuYard Farm Shop,
Westoning

3rd Female: **Kyrstin Fairweather** - Gift Card for Plants - Donated by Bruce of
Newberry Farm plants

Over 40

1st Male: **John Decesare** - Smoked ham joint - Donated by Oakley's, Greenfield

1st Female: **Julie Gibbons** - Gardening bag - Donated by Stuart Brown, landscape
supplies, Maulden

Under 17

1st Male: **William Larcombe** - Egg and Bacon package - Donated by Rickatsons & Oakley's

1st Female: **Bella Clarke** - Egg and Bacon Package - Donated by Rickatsons & Oakley's

Unattached Local runner

1st Male: **Oliver Mintern** - Meal for 2 - Donated by John Little of Poplars Nursery
Plus perpetual trophy

1st Female: **Helen Doyle** - Meal for 2 - Donated by John Little of Poplars Nursery
Plus perpetual trophy

Oldest runner **Geoffrey White** - Bottle of wine - Donated by Cambridge Wines, Ampt Hill

Challenge Team awards - Team not entered as Running Club team

1st Challenge team **Flitton Flashers: Tom Cawdell, William Larcombe, Howard Steel & Julie Gibbons** - Four bottles of wine, Cambridge Wines

Flitton Flits Prize list 2023: Children's Races

1 mile

1st Male: **Harry Newzat** - Cycle Pump - Donated by Tom of CycleWorx, Flitwick

2nd Male: **Henry Pyecroft** - Hand turned pen - Donated by Kathy, of Pulloxhill

3rd Male: **Reuben Druce** - Badmington Voucher - Donated by Silsoe Leisure Centre

1st Female: **Alex Newby** - Hand turned pen - Donated by Kathy, of Pulloxhill

2nd Female: **Eloise Steel** - Badmington Voucher - Donated by Silsoe Leisure Centre

3rd Female: **Lola Rollason** - Table Tennis Voucher - Donated by Silsoe Leisure Centre

Toddler 200m run

1st Boy: **Sam Cartwright** - Dinosaur Painting book - From children's stall at Ampthill market

2nd Boy: **Hudson Frost** - Badmington Voucher - Donated by Silsoe Leisure Centre

3rd Boy: **Kian Lydon** - Table Tennis Voucher - Donated by Silsoe Leisure Centre

1st Girl: **Imelda Steel** - Bugs card game - Donated by children's stall at Ampthill market

2nd Girl: **Arabella Cawdell** - Table Tennis Voucher - Donated by Silsoe Leisure Centre

3rd Girl: **Alice Rowan** - Wordsearch book - Donated by children's stall at Ampthill market